

Teacher: Danielle A.

Grade Level: Elementary (K-1)

Lesson and Image: Sitting Quietly on Carpet

Lesson Plan

Motivation: You all know that I'm always thinking of ways to get you guys more stickers and class parties for excellent behavior. Well today I'm going to teach you something you can use in the meeting area to get more stickers and whole-class rewards! Today I'm going to teach you something called "staying on target!" This is a way that you can sit on the carpet that lets me know you are doing your best listening, and also lets me know you deserve to be rewarded with stickers on your charts! Also- if I see the WHOLE CLASS staying on target, I will add cotton balls to our class behavior chart so we get closer to an in class celebration!

Teach: Today I am going to teach what you have to do to stay on target when we are in the meeting area. There are three easy steps to staying on target. First, you have to sit criss-cross applesauce on the carpet. Next, you must be sitting with quiet lips. Lastly, you have to keep your eyes on the speaker.

Model: Watch me as I show you all how to stay on target during our time in the meeting area. (Teacher sits at student desk) Let's imagine I'm a student and I'm sitting at my desk when I hear the timer go off. I know the timer means it's time to clean up and come to the rug for a lesson. Watch how I clean up my desk and slowly walk to the rug. I find a square and I sit criss-cross applesauce. Next I have quiet lips to show the teacher I am ready to listen. And last my eyes are looking at the teacher. The teacher will see that I am "on target" and she will reward me for my hard work! If the teacher sees everyone being on target, she will reward the whole class! Did you all notice that I did three things in the meeting area to be on target? I sat criss-cross applesauce, had quiet lips, and kept my eyes on the teacher.

Active Involvement: Now you are going to have a try! Everyone go back to your seat and take out a book from your baggie to read at your desk. When the timer goes off we are going to do what we always do- clean up and come to the meeting area. But today- you are going to be on target while you are on the carpet by sitting criss-cross applesauce, with quiet lips, and your eyes on me. If you get confused, use my posted up here to help remind you of the next step. Ok- let's try...(students read for 1 min...Timer goes off...students proceed to clean up and show that they are on target! As I see students sitting on target, I will reward them immediately with a stick on their charts, and once (hopefully) everyone is ready, I will add two cotton balls to the class behavior jar.

Link: Wow! You all did an amazing job showing me that you can come to the meeting area and be on target! I am so proud of you all!! Today and every day, when you are coming to the meeting area, the first thing I want you to do is make sure you are on target! I will leave this poster on my easel to help you remember what being on target means!

Consequences/Incentives: My students all have individualized behavior intervention plans that outline a system of both rewards and consequences. To keep things uniform, I will use the same incentives and consequences. Additionally, as a class reward, I use a jar that I fill with different items (cotton balls, candy, etc). Each time I see the kids working well as a group or all doing a great job individually, I add an item to the jar. When filled, the class enjoys a class reward that we vote on- usually a pizza/ice cream party for us all to enjoy.

Visuals: I have one poster to remind students of how they can be on target, and I also have several pictures of a target that I have placed near the meeting area to remind them to stay on target.

Practice: I will practice this skill with my students throughout the week with a Target Practice Game. At times I will call “target practice” and they will stop whatever they are doing and go to the rug to show me they are on target. Next steps will be to help them to stay on target throughout their time on the rug.



Reminder Poster (also on chart paper) to define steps of being on target!