

4 WEBINARS WITH CONSCIOUS TEACHING

- **Pricing varies.** Contact us at support@consciousteaching.com for more information.
- Webinars are **3-hours in length** and can be presented on a single day or split in half and presented as two 90-min pieces on two different days.
- Webinars have a 100 participant limit. If you have more than 100 people, don't worry. We have options and solutions.
- All webinars include multiple movement activities. Single day webinars include a 20-minute mid-webinar stretch break.
- All webinars are available as in-person PD workshops as well.

The Engaged Brain: Distance Learning Done Better (3-hour webinar)

Part 1: Active Engagement (80-90 min) - In this entertaining first half of the webinar a variety of easy-to-implement strategies and structures designed to get students of all learning styles actively engaged in their learning, whether in the classroom or online, will be presented. The focus is on breaking up direct-instruction and increasing meaningful student interaction with both content and peers. Participants will come away with a dozen concrete techniques that will immediately increase student motivation, engagement, and academic learning.

Part 2: Virtual Lesson Design (80-90 min) - Now that we have a dozen or more tools in our tool belts for active engagement, how do we structure our virtual lessons in a way that doesn't exhaust us or our students, but maintains rigorous learning expectations? In addition, how do we stay flexible and realistic about what is and isn't possible in an online learning environment? This interactive second half of the webinar will include how to design simple, clear, engaging online lessons that focus on getting and keeping student attention and increasing academic learning. Video samples of virtual lessons will be shared and de-briefed.

Participation By Design: Improving Attention, Participation, & Rigor in Any Learning Environment (3-hour webinar)

Part 1: Memory & Attention (80-90 min) - In this interactive first half of the webinar participants will learn how memories are formed and how the brain pays attention. Multiple strategies for how to get and keep student attention, and what to do with it once we have it to improve memory and learning, will be presented. Strategies will include how to increase rigor, mitigate learning loss, create equitable homework policies, and improve participation during classroom Q&A.

Part 2: Participation & Group Work (80-90 min) - In this entertaining second half of the webinar participants will learn various ways to keep kids gently, but firmly, on the hook for participating in class discussions and group work. Participants will come away with multiple ways to move reluctant students past their own resistance. Participants will also learn various effective ways to structure breakout groups and/or group work, to get more from kids and deepen their learning. Strategies for classroom and online teaching will be covered.

Conscious Classroom Management: Bringing Out the Best in Students & Teachers (3-hour webinar)

Part 1: Beliefs, Behavior, & Teaching Procedures (80-90 min) - In this fast-paced first half of the webinar participants will learn how their beliefs about challenging students influences how they respond to them, for better or for worse. Participants will learn how to read the invisible request that underlies disruptive/difficult student behaviors and how to appropriately respond in a way that is clear and firm but also conveys care and concern. Then participants will learn how to teach procedures in a way that maximizes learning and reduces arguing and wasted time. Participants will leave with multiple ways to use visuals and other nonverbal techniques to teach and reinforce key classroom routines and create seamless classroom and online transitions.

Part 2: Consequences & De-Escalations (80-90 min) – In this interactive second half of the webinar participants will learn how to intervene effectively with students who are off-task, distracting themselves or others, or being defiant and confrontational. Participants will learn and practice ways to effectively deescalate volatile situations, including how to alter their tone and body language. Ways to flexibly apply consequences to teach behavioral lessons, rather than to punish, and to meet differing individual students needs will also be presented and practiced.

Teaching with Trauma in Mind: Building Resilience with Challenging Students (3-hour webinar)

Part 1: Trauma & Resilience (80-90 min) – In this interactive first half of the webinar participants will learn how trauma and toxic stress affect students' ability to learn. Participants will leave with multiple easy-to-implement techniques that can be used in live or virtual lessons to quickly help kids build their resiliency and lower their learning stress. Learn how to reduce behavioral explosions and implosions by building personal connections, establishing classroom communities, and creating safe and predictable learning environments.

Part 2: Self-Regulation & Accountability (80-90 min) – In this fast-paced second half of the webinar participants will learn multiple simple techniques that can easily be woven into any learning environment to help kids with trauma learn self-regulation. Learn how to strike the balance between supporting kids who are emotionally overwhelmed while still holding them accountable for appropriate behavior and academic progress. Finally, participants will explore how working with challenging kids leads to vicarious trauma and "compassion fatigue" for teachers, and the myriad practical things that can be done to alleviate these feelings.

For More Information or to Schedule a Training
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